

14	Haakonson	Elena	Sayville NY	11			41:08.1	480.856				480.856
15	Flick	Christina	Patchogue NY	13					44:29.2	415.181		415.181

Male 11 to 14

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Walters	Lukas	Sayville NY	14	23:46.2	615.412	23:06.4	670.369	23:51.4	653.486	32:22.6	636.209	2575.476
2	Catanzaro	Benjamin	Wading River NY	14	21:24.4	683.354	23:19.2	664.237					1347.591
3	Barrere	David	Lynbrook NY	11	40:03.2	365.221					44:50.1	459.425	824.647
4	Blackham	William	Sayville NY	14			20:43.1	747.647					747.647
5	Raymond	John Luke	Sayville NY	11							28:43.7	717.004	717.004
6	Stafford	Ricky	Blue Point NY	14							31:09.7	661.015	661.015
7	Wilson	Hunter	Selden NY	13			27:00.3	573.597					573.597
8	Armenia	John	Boehmia NY	14					33:03.7	471.543			471.543
9	Montalbino	Aidan	Sayville NY	14					38:50.3	401.408			401.408
10	McGarry Jr	Matthew	Lake Worth FL	12					47:47.7	326.185			326.185

Female 15 to 19

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Ferguson	Nicole	Shirley NY	19	21:55.7	859.390	21:43.8	910.262	21:30.9	858.471			2628.124
2	Annarumma	Ariana	Sayville NY	17	31:15.5	602.879	28:30.6	693.792	31:16.0	590.725	39:31.3	665.163	2552.558
3	Boyce	Sierra	Sayville NY	17	31:15.7	602.815	29:07.5	679.142	33:28.8	551.673	40:24.2	650.648	2484.277
4	Newman	Jenna	Sayville NY	16			20:43.3	954.556			28:18.1	928.862	1883.418
2	Donohue	Tara		15			24:26.7	809.163	24:05.2	766.814			1575.978
5	Butterfield	Kaitlyn	Greenport NY	19					21:05.7	875.563			875.563
6	Ramirez	Molly	Neconset NY	15					21:46.5	848.220			848.220
7	Howard	Julia	West Sayville NY	19			23:34.3	839.143					839.143
3	Petre	Kayla	Hauppauge NY	19	23:11.3	812.693							812.693
8	Moore	Lexie	Sayville NY	17					23:25.6	788.418			788.418
9	Coan	Bella	Sayville	17	24:11.8	778.826							778.826
10	Schaefer	Julia	Center Moriches NY	18	28:22.1	664.297			664.297				664.297
4	Parsowith	Emily	Sayville NY	16			32:29.1	608.896					608.896
11	Ramirez	Emma	Nesconset NY	17					33:04.3	558.484			558.484
12	Karman	Madelyn	Center Moriches NY	15	43:20.4	434.818							434.818

Male 15 to 19

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Waller	Asher	Patchogue NY	15	19:20.5	756.312	19:48.6	781.928	19:44.2	789.900	26:06.2	789.107	3117.248
2	Lafaro Jr.	Michael	W. Sayville NY	18	18:52.6	774.943	19:40.4	787.360	20:21.9	765.529			2327.832
3	Schaefer	Tyler	Sayville NY	15			19:34.9	791.046					1597.843
4	Deutsch	Ethan	W. Sayville NY	15	22:28.9	650.678			22:06.4	705.217			1355.895
5	Velazquez	Brian	Sayville NY	15	23:51.7	613.047					35:27.3	580.971	1194.019
6	Lopez	Matthew	Ronkonkoma NY	17							22:51.9	900.867	900.867
7	Bishop	Kelby	Ronkonkoma NY	16							23:18.1	883.985	883.985
8	Turbush	Brandon	Manorville NY	19							25:30.4	807.567	807.567
9	Kehglian	Christian	W Sayville NY	18			19:40.7	787.160					787.160
10	McKillop	Michael	Sayville NY	17			20:15.6	764.561					764.561
11	Doxsee	Brett	Sayville NY	15			20:17.6	763.305					763.305
12	Brooks	Ryan	Deer Park NY	17					20:26.2	762.845			762.845
13	Ciavarella	Thomas	Centereach NY	17			20:29.9	755.671					755.671
14	Lobalsamo	Gregory	Sayville NY	16							27:45.8	741.926	741.926
15	Minerva	Jacob	Sayville NY	15							30:40.5	671.502	671.502
16	Pacia	Christopher	Sayville NY	17			23:06.9	670.128					670.128
17	Hession	Luke	Blue Point NY	19	22:21.2	654.414							654.414
18	Vetter	John	St.james	18	23:57.4	610.616							610.616
19	Larocco	Louie	Ronkonkoma NY	16					25:51.8	602.784			602.784
20	Battista	Chris	Bohemia NY	16	24:26.2	598.622							598.622
21	Fied	Brandon	Sayville	15	24:41.4	592.480							592.480
22	Oakley	Matthew	Bayport NY	19							37:55.9	543.038	543.038
23	Giambanco	Vito	Holbrook NY	16	27:38.5	529.213							529.213
24	Kavanagh	Brian	E Patchogue NY	17			30:14.1	512.320					512.320
25	Butler	Ryan	Sayville NY	19			34:27.4	449.550					449.550
26	Digaetano	Nick	Lindenhurst NY	17					39:12.5	397.620			397.620
27	Dolan	Sean	Selden NY	19					58:06.1	268.323			268.323

Female 20 to 24

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Hempfling	Kathleen	Holbrook NY	21	22:22.8	842.046	22:03.2	896.917	22:13.1	831.295	28:49.1	912.209	3482.467
2	Mullaney	Kayleigh	Sayville NY	21	24:31.9	768.191	24:19.6	813.099	25:13.4	732.258	34:02.7	772.164	3085.713
3	Power	Megan	Holtsville NY	24	25:31.5	738.296	26:33.4	744.822	24:20.7	758.677	32:44.3	802.983	3044.779
4	Harrington	Lauren	Holtsville NY	22	28:11.8	668.341	28:10.1	702.207	28:03.2	658.389	36:33.1	719.210	2748.147
5	Verspoor	Maggie	Sayville NY	24	23:33.5	799.929	22:59.8	860.125			29:39.9	886.173	2546.227
6	Kennedy	Alicia	Patchogue NY	20	30:46.8	612.248			32:18.9	571.561	38:42.4	679.168	1862.978
7	Merante	Gina	Holtsville NY	22			26:33.8	744.635			42:05.7	624.500	1369.136
8	Lumley	Emily	Sayville NY	24	31:13.3	603.587					41:43.6	630.013	1233.600
9	Schaefer	Molly	East Moriches NY	23	19:38.2	959.684							959.684
10	Kobe	Jordan	W Sayville NY	22			24:21.8	811.876					811.876

Male 25 to 29

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Weisenbacher	Ryan	Bellport NY	26	21:56.4	666.743	21:13.9	729.571	21:28.2	726.129	28:09.8	731.388	2853.831
2	Pickard	Robert	Shirley NY	28	18:19.8	798.054	18:14.8	848.922	18:30.9	842.020			2488.996
3	Guida	Chris	Holbrook NY	29	23:19.4	627.197	23:11.4	667.960	23:19.1	668.573			1963.730
4	Boyle	Colin	East Islip	25	25:55.7	564.183	25:10.6	615.252					1179.436
5	Quintero	Luis	Sayville NY	26	26:18.7	555.964			26:19.8	592.100			1148.064
6	Martin	Brendan	Smithtown NY	29	14:38.9	998.635							998.635
7	Wersan	Brian	Holbrook NY	26	16:32.3	884.511							884.511
8	Culhane	Colin	Sayville NY	28							23:20.9	882.219	882.219
9	Hartman	Andrew	Sayville NY	25			17:54.3	865.121					865.121
10	Barrett	Casey	Sayville NY	28	16:57.5	862.604							862.604
11	Roddin	Andrew	Brooklyn NY	28	17:18.7	844.999							844.999
12	Giron	Ray	Uniondale NY	28					18:38.7	836.149			836.149
13	Doskoez Jr	Ronald	Deer Park NY	27					18:41.6	833.987			833.987
14	Williams	Raymond	Smithtown NY	26			19:43.1	785.563					785.563
15	O'Rourke	Andrew	Holbrook NY	28					21:21.1	730.154			730.154
16	Verspoor	Kyle	Kirkwood NY	28			22:36.8	684.994					684.994
17	Pattek	Justin	Holbrook NY	26			23:45.6	651.936					651.936
18	Kaufmann	Benjamin	Sag Harbor NY	28					23:58.9	650.080			650.080
19	Bunster	James	St.james NY	28					24:03.4	648.053			648.053
20	Nolan	Sean	Brooklyn NY	27	22:43.1	643.900							643.900
21	Massenkeil	Leo	Sayville NY	26	23:02.2	635.002							635.002
22	McKenna	Kyle	Long Beach NY	25	23:02.2	635.002							635.002
23	Colichio	Ryan	E.patchogue NY	29					24:49.7	627.912			627.912
24	Carson	Jack	Mt.sinai NY	27					26:07.9	596.594			596.594
25	Nolan	Tyler	Sayville NY	25	25:27.7	574.524							574.524
26	Briguglio	Peter	Massapequa NY	27							37:43.2	546.085	546.085
27	Daly	Andrew	Sayville NY	25					29:51.1	522.249			522.249
28	Sena	Tom	Deer Park NY	29					30:36.4	509.366			509.366
29	Walsh	Daniel		26					31:31.6	494.502			494.502
30	Singh	Randy	Deer Park NY	26					33:12.1	469.555			469.555
31	McKay	Ryan	Holbrook NY	26			35:18.1	438.789					438.789
32	Gunderson	Eric	Medford NY	26			46:24.2	333.812					333.812
33	Irving	Spencer	Mt.sinai NY	27					58:05.5	268.369			268.369

Female 30 to 34

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Wellems	Lauren	Blue Point NY	34	23:10.3	813.278	22:52.1	864.952	22:38.1	815.993	29:39.1	886.572	3380.794
2	Wilkow	Jessica	Sayville NY	33	27:45.5	678.895	27:00.4	732.412	28:14.9	653.844	36:30.3	720.130	2785.281
3	Genova	Jennifer	Holbrook NY	34	28:45.9	655.136	28:43.6	688.559	37:15.6	495.706	51:42.1	508.462	2347.863
4	Carpenter	Cassie	Bayport NY	33	35:35.3	529.527	33:00.2	599.333	32:55.7	560.915	42:15.1	622.185	2311.961
5	McGinley	Kathleen	Brightwaters NY	33	35:35.8	529.404	33:00.6	599.212	32:55.7	560.915	42:14.3	622.381	2311.912
6	Hartman	Cheryl	Ridge NY	30	35:14.3	534.787	32:44.3	604.185	31:48.2	580.757	46:39.5	563.422	2283.150
7	White	Amanda	Selden NY	33	33:30.9	562.286	31:20.5	631.109			41:58.6	626.261	1819.655
8	Strong	Amanda	E Patchogue NY	34	41:25.8	454.864	47:43.3	414.487	42:42.9	432.401	54:44.2	480.269	1782.020
9	Lewandowski	Noelle	East Islip NY	32	34:44.7	542.380	32:43.9	604.308			42:42.1	615.628	1762.316
10	Braganca	Esmeralda	Sayville NY	34	35:21.3	533.022			34:55.2	528.923	45:26.1	578.592	1640.538
11	Sachs	Anne	Lake Grove NY	30	37:13.3	506.291	36:11.1	546.635	34:21.9	537.465			1590.392
12	Infemzen	Gretchen	Nesconset	33	30:48.8	611.586	29:35.6	668.394					1279.980
13	Murray	Caitlin	Bayport NY	31	33:45.2	558.315			38:06.1	484.756			1043.071
14	Bronn	Diana		34							27:37.3	951.729	951.729
15	Rivera	Viviana	Stamford CT	32	35:07.7	536.462					1:07:32.7	389.197	925.659
16	Bowker	Ashley	Ronkonkoma NY	32			26:05.6	758.048					758.048
17	Bongo-Liselli	Catherine	Sayville NY	32			26:17.1	752.520					752.520
18	Gustavsen	Anna	Lake Grove NY	33							35:08.3	748.138	748.138
19	Elznic	Jenna	Farmingdale NY	33							36:53.7	712.518	712.518
20	Butler	Emily	Brightwaters NY	32			28:22.7	697.011					697.011
21	Zuccarello	Laura	West Sayville NY	33					27:00.6	683.821			683.821
22	Patterson	Ashley	Patchogue NY	34							39:40.8	662.508	662.508
23	Frederick	Elizabeth	Sayville NY	34	29:04.3	648.226							648.226
24	Covais	Justine	Sayville NY	31			31:42.9	623.680					623.680
25	Norton	Jessica	Babylon NY	34	30:47.7	611.950							611.950
26	Trinidad	Megan	Brooklyn NY	34	30:56.3	609.115							609.115
27	Orobello	Chelsea	Bohemia NY	33	31:33.4	597.180							597.180
28	Pagels	Mallory	Medford NY	33			34:22.9	575.307					575.307
29	Osias	Jessica	Islip Terrace NY	32					32:43.4	564.429			564.429
30	Nowakowski	Brooke	Sayville NY	31			35:48.2	552.463					552.463
31	Smith	Elizabeth	Babylon NY	31	35:21.9	532.871							532.871
32	Oshrin	Sara	Sayville NY	34					35:16.5	523.600			523.600
33	Quitoni	Laura	Patchogue NY	32					35:21.4	522.391			522.391
34	Sparacin	Jeanine	Ronkonkoma NY	33	36:36.7	514.727							514.727
35	Higgins	Heidi	Patchogue NY	34							52:59.9	496.022	496.022
36	Glaser	Marisa	West Islip NY	33			39:55.1	495.512					495.512
37	Kipp	Meghan	Manorville NY	33							58:11.3	451.780	451.780
38	Zichini	Stephanie	Holbrook NY	30					41:22.1	446.477			446.477
39	Williams	Aviance	Shirley NY	30			49:04.4	403.070					403.070

Male 30 to 34

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Garvin	Eric	West Sayville NY	30	20:15.3	722.209	20:13.6	765.821	22:01.3	707.939	25:23.5	811.224	3007.193
2	Dulmovits	Brian	West Babylon NY	30	21:54.8	667.554	21:16.5	728.085	21:39.4	719.871	27:46.6	741.570	2857.079
3	Ricci III	Anthony	Copiapue NY	34	22:12.5	658.687	22:06.4	700.694	23:06.4	674.697	30:39.5	671.867	2705.945
4	Hartman	Brad	Ridge NY	31	23:16.8	628.365	23:18.4	664.617	23:59.7	649.719	30:14.1	681.274	2623.975
5	Barrett	Brendan	Sayville NY	34	17:16.3	846.956	17:44.4	873.168			23:59.7	858.443	2578.566
6	Ayala	Axel	Selden NY	32	39:12.2	373.140	39:21.4	393.580	36:49.2	423.411	47:14.9	435.959	1626.090
7	Soltan	Ryan	Sayville NY	34	18:29.3	791.220	25:03.9	617.993					1409.213
8	Leone	Jonathan	Brookhaven NY	33	33:11.8	440.657			32:55.7	473.452	42:15.3	487.477	1401.586
9	Hamilton	Michael	Oneonta NY	31							22:45.2	905.289	905.289
10	Murray	Thomas	Bayport NY	31	33:45.8	433.261			36:49.3	423.392			856.653
11	Shelley	Conor	Long Beach NY	30	17:32.5	833.919							833.919
12	Genova	John	Holbrook NY	34					37:16.2	418.299	51:11.2	402.416	820.715
13	White	Joseph	Brooklyn NY	31	18:20.4	797.619							797.619
14	Smith	Matt	Sayville NY	32	18:56.5	772.283							772.283
15	Marsh	Brendan	Latham NY	31					20:24.1	764.153			764.153
16	Service	Michael	West Babylon NY	30					21:23.6	728.732			728.732
17	Hernandez	Stephen	Mt.sinai NY	33					23:57.3	650.804			650.804
18	Martini	Andrew	Lynbrook NY	31					23:58.9	650.080			650.080
19	Hansen	Matthew	Sayville NY	33	23:38.5	618.752							618.752
20	Vogel	Sean	Huntington NY	33			25:25.1	609.403					609.403
21	Demeusy	Bryan	Sayville NY	33	24:03.5	608.036							608.036
22	Maier	Brian	Farmingdale NY	33							34:42.2	593.555	593.555
23	Lublinter	Charles	Ronkonkoma NY	33							35:22.9	582.175	582.175
24	Gozaloff	Tim	West Sayville NY	30					27:11.9	573.197			573.197
25	Lauten	Paul	Sound Beach NY	31							38:02.6	541.444	541.444
26	Rogers	Jeff	Mt.sinai NY	33					29:30.8	528.236			528.236
27	Tortora	Joe	Patchogue NY	33							39:45.6	518.067	518.067
28	Rivera	Carlos R	Flushing NY	34	31:32.5	463.778							463.778
29	Furshpan	Daniel	Great River NY	34	35:40.6	410.025							410.025

Female 35 to 39

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Thompson	Sarah	Sayville NY	37	22:08.8	850.918	22:24.9	882.445	22:51.9	807.785	28:57.8	907.642	3448.790
2	Robertson	Katherine	Bayport NY	37	24:17.7	775.674	26:21.1	750.617	23:47.4	776.377	31:26.8	835.966	3138.633
3	Paszal	Tracie	Sayville NY	36	24:57.8	754.907	24:51.9	795.496	25:12.2	732.840	33:00.1	796.576	3079.818
4	Sweeney	Melanie	Patchogue NY	36	26:19.7	715.769	26:23.4	749.526	26:23.9	699.665	34:22.3	764.826	2929.786
5	McElroy	Nora	Sayville NY	37	26:48.1	703.128	26:21.5	750.427	26:23.7	699.754	34:45.3	756.390	2909.698
6	Johnson	Michelle	Patchogue NY	38	22:22.2	842.423			22:12.7	831.545	29:13.2	899.669	2573.637
7	Meitinis	Jennifer	Sayville NY	38	31:22.8	600.542	30:50.4	641.375	31:54.2	578.936	40:18.4	652.208	2473.061
8	Iluicci	Holly	Blue Point NY	36	34:13.5	550.621	30:44.1	643.566	36:34.7	504.944	42:42.5	615.532	2314.662
9	Pantano	Jennifer	Sayville NY	35	36:40.4	513.861	35:19.1	560.049	36:57.2	499.820	47:28.7	553.691	2127.421
10	Vilmenay	Lisette	Ronkonkoma NY	37	28:34.1	659.646			27:31.4	671.067	36:26.4	721.414	2052.128
11	Gariglio	Vanessa	Huntington Station NY	36	28:03.2	671.756	27:30.6	719.011	28:59.9	636.933			2027.701
12	Bodre	April	Sayville NY	37	27:52.3	676.135	29:40.5	666.554	31:14.1	591.324			1934.013
13	Greene	Saniyyah	Lindenhurst NY	39	31:21.8	600.861	29:58.6	659.847	28:37.8	645.127			1905.835
14	Nicholsen	Lisa	Blue Point NY	38	31:14.3	603.265			32:15.7	572.506	40:42.2	645.852	1821.623
15	Torres	Erika Rivera	Islip Terrace NY	38	33:34.7	561.225	32:23.1	610.777			43:07.8	609.514	1781.515
16	Clement	Victoria	Islip NY	35	33:40.0	559.752	34:37.6	571.236	34:43.2	531.970			1662.959
17	Pieper	Noreen	Smithtown NY	39	24:38.2	764.917	24:01.6	823.252					1588.169
18	Franz	Alise	Medford NY	35	36:31.4	515.972	36:27.7	542.488	38:58.4	473.914			1532.373
19	Kudlek	Cara	Sayville NY	38			33:56.1	582.879			41:20.5	635.880	1218.759
20	Rubino	Stacey	Selden NY	39	34:06.6	552.477	33:22.6	592.630					1145.107
21	Ippolito	Lori	Bay Shore NY	38	34:07.2	552.315	33:22.9	592.541					1144.856
22	Edwards	Lauren	Northport NY	38					21:34.9	855.819			855.819
23	Lutz	Jennifer	Concord MA	36							31:11.6	842.755	842.755
24	Dunlap	Jenn	Newport News MA	37							32:30.5	808.664	808.664
25	Lukas	Jessica	Manorville NY	35							32:46.3	802.167	802.167
26	Hall	Amanda	Patchogue NY	35	23:59.6	785.427							785.427
27	Schwarz	Erin	Gaden City	37	24:09.5	780.062							780.062
28	Fee	Krista	Sayville NY	38			25:38.6	771.351					771.351
29	Pfaff	Laura	Sayville NY	39							35:03.4	749.881	749.881
30	Iluicci	Aimee	Blue Point NY	37	48:30.1	388.543			51:44.2	357.000			745.544
31	Nintzel	Nancy	Islip NY	37	26:33.3	709.659							709.659
32	Greene	Saniyyah	Lindenhurst NY	39							37:20.1	704.120	704.120
33	Dragotta	Gina	Sayville NY	36							37:23.4	703.085	703.085
34	Gariglio	Vanessa	Huntington Station NY	36							37:26.5	702.114	702.114
35	Bodre	April	Sayville NY	37							39:34.5	664.266	664.266
36	Elder	Melissa	New York NY	35					28:00.4	659.486			659.486
37	Dragotta	Gina	Sayville NY	36					28:31.4	647.540			647.540
38	Fiore	Cassandra	Selden NY	35					29:22.5	628.766			628.766
39	Lienau	Susan	Patchogue NY	39	30:43.5	613.344							613.344
40	Walker	Jennifer	Ronkonkoma NY	39					31:36.7	584.278			584.278
41	Pagotto	Melody	Patchogue NY	37							45:10.5	581.922	581.922
42	Janas	Julianne	Levittown NY	36							46:16.8	568.028	568.028
43	Ferrante	Allison	Sayville NY	35							47:03.7	558.593	558.593

44	Pilosi	Michelle	Seaford NY	38						33:15.4	555.377		555.377
45	Johnson	Lissetty	Holbrook NY	35	34:30.9	545.994							545.994
46	Dionne	Sara	Oakdale NY	39						34:42.9	532.047		532.047
47	Sparacin	Kathleen	Holbrook NY	35	35:55.4	524.589							524.589
48	La Sotten	Nicole	Ronkonkoma NY	37								54:44.6	480.211
49	Dibiasi	Kelly	Seaford NY	38			41:32.1	476.225					476.225
50	Colletti	Cheryl	Sayville NY	39					40:17.5	458.407			458.407
51	Kaifler	Stacie	East Northport NY	39					41:51.6	441.233			441.233
52	Kreuscher	Mary	Sayville NY	36	43:48.5	430.169							430.169
53	Bozza	Jeanne	Amityville NY	36			48:28.1	408.102					408.102
54	Robilotta	Erin	Sayville NY	39			55:11.6	358.377					358.377
55	Wagner	Vanessa	Brooklyn NY	35	53:10.5	354.396							354.396
56	Ndembera	Rachel	Rocky Point NY	36						54:58.9	335.930		335.930

Male 35 to 39

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Fee	Ryan	Sayville NY	38	19:42.8	742.053	20:05.6	770.902	19:52.2	784.600	26:30.6	777.002	3074.557
2	Betzold	Nicholas	Sayville NY	39	25:22.5	576.486	25:13.9	613.911	28:07.7	554.245	33:48.2	609.358	2354.001
3	Pantano	Thomas	Sayville NY	38	27:52.8	524.689	28:45.5	538.626	28:35.2	545.359	37:33.6	548.411	2157.086
4	Silvering	Michael	Oakdale NY	35	21:33.7	678.442			21:46.7	715.849	27:06.2	759.993	2154.283
5	Dileo	Nicholas	Sayville NY	37	26:06.7	560.222	33:03.4	468.589	28:30.5	546.858	37:31.5	548.923	2124.592
6	Sciara	James	Lindenhurst NY	38	23:40.3	617.968	23:45.1	652.165			34:30.2	596.995	1867.128
7	Sparacin	Rich	Holbrook NY	37	24:11.3	604.768			25:09.9	619.511	32:39.2	630.819	1855.098
8	Belmonte	Jonathan	Sayville NY	35	27:00.3	541.690			27:21.8	569.741	37:32.3	548.728	1660.158
9	Jones	Todd	Sayville NY	39	38:11.2	383.074	39:27.8	392.516	39:47.6	391.774	49:23.6	417.027	1584.391
10	Lutz	Justin	Concord MA	38							21:55.5	939.491	939.491
11	Tarr	Andy	Holbrook NY	37							26:21.2	781.622	781.622
12	Hambarsoomsar	Victor	Lindenhurst NY	38					20:42.9	752.595			752.595
13	Nintzel	Eric	Sayville NY	37	20:27.7	714.914							714.914
14	Wagner	Ryan	Brooklyn NY	35	21:10.1	691.048							691.048
15	Stephensen	Shawn	Islip NY	39							30:09.1	683.157	683.157
16	Leyhane	Brian	East Setauket NY	39	21:55.4	667.250							667.250
17	Mannix	Gregory	Babylon NY	35	23:08.2	632.258							632.258
18	Perlmutter	Dan	Poquott NY	39			24:58.2	620.344					620.344
19	Wisniewski	Mike	N Babylon NY	38			25:28.1	608.206					608.206
20	Gelber	Scott	Port Jefferson Station N	38			25:51.8	598.917					598.917
21	Walsh	Peter	West Sayville NY	39	25:20.8	577.130							577.130
22	Austin	Michael	Selden NY	39					27:00.9	577.087			577.087
23	Walker Sr	Matthew	Ronkonkoma NY	39					27:28.7	567.356			567.356
24	Richards	William	Islip NY	36					28:26.6	548.107			548.107
25	Hoffman	Jason	Great River NY	36					29:11.3	534.118			534.118
26	Alimena	Rob	Sayville	35	27:23.8	533.946							533.946
27	Leigh-Manuell	Timothy	West Sayville NY	39	28:43.8	509.166							509.166
28	Bodre	Juan	Sayville NY	38					31:26.1	495.944			495.944
29	Chester	Christopher	Sayville NY	36			31:18.6	494.730					494.730
30	Koster	Rick	Sayville NY	39	29:50.2	490.280							490.280
31	Hurtado	Ronald	Farmingville NY	37			32:22.6	478.431					478.431
32	McGarry	Ryan	Patchogue NY	35	30:44.5	475.847							475.847
33	Butler	Kevin	Brightwaters NY	39			34:39.8	446.870					446.870
34	Johnson	Andrew	Mt.sinai NY	35					37:38.7	414.132			414.132
35	McGarry Sr	Matthew	Lake Worth FL	39					47:54.1	325.458			325.458
36	Musa	Bryan	Mt.sinai NY	36					58:05.9	268.338			268.338
37	Lee	Peter	Selden NY	37	55:43.5	262.509							262.509

Female 40 to 44

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Vass	Szilvia	Lindenhurst NY	41	26:09.5	720.421	26:18.6	751.805	26:18.2	702.192	33:56.1	774.667	2949.086
2	Aquino	Josefina	Brentwood NY	41	24:28.7	769.865	24:39.5	802.163	26:04.1	708.522			2280.550
3	McMackin	Jenn	Sayville NY	41	33:11.8	567.677	32:21.1	611.406	36:34.6	504.967	44:52.0	585.921	2269.971
4	Christofor	Jen	Sayville NY	43	24:29.1	769.655	25:23.6	778.945	26:57.8	685.004			2233.604
5	Pignataro	Nicole	Bayport NY	40	34:10.5	551.426	33:24.1	592.186	36:18.2	508.769	47:16.9	555.994	2208.375
6	Honadel	Jennifer	West Sayville NY	44	41:03.8	458.925	39:11.6	504.678	26:06.6	707.392	55:50.4	470.780	2141.774
7	Pignataro	Jessica	Bayport NY	40	41:39.6	452.352	39:03.6	506.400	43:48.9	421.545	51:17.7	512.493	1892.791
8	Broderick	Alycia	Sayville NY	42	31:14.5	603.201	31:21.4	630.807	32:15.5	572.565			1806.573
9	Bocchimuzzo	Tricia	Sayville NY	44	36:11.9	520.604	32:55.9	600.638	31:55.6	578.513			1699.755
10	Flores	Brenda	West Sayville NY	40	33:33.9	561.448	34:06.2	580.002	33:43.5	547.665			1689.115
11	Becker	Gigi	Huntington Station NY	44	34:13.8	550.540	33:51.6	584.170	34:07.7	541.193			1675.903
12	Dorcinvil	Melissa	Sayville NY	43	39:14.5	480.229	36:32.7	541.251					1021.480
13	Sicurella	Trish	Holbrook NY	40							28:11.1	932.707	932.707
14	Klein-Rosner	Nicole	Sayville NY	43			55:11.7	358.366			45:50.6	573.439	931.804
15	Maleski	Justyna	Massapequa NY	41							31:32.9	833.272	833.272
16	Reiss	Kim	Sayville NY	44							31:54.3	823.957	823.957
17	Polito	Kim	Sayville NY	42							32:53.9	799.078	799.078
18	Aquino	Josefina	Brentwood NY	41							35:10.6	747.323	747.323
19	Bongiorno	Charlotte	East Islip NY	41					25:10.4	733.713			733.713
20	Law	Christina	Sayville NY	42	25:54.8	727.232							727.232
21	Randazzo	Hanako	Bohemia NY	42							39:03.7	672.996	672.996
22	Bocchimuzzo	Tricia	Sayville NY	44							39:05.1	672.594	672.594

23	Nyholm	Karen	Sayville NY	41	28:12.2	668.183							668.183
24	Acunzo	Sarah	Ronkonkoma NY	44									665.499
25	Park	Jae-Sook	East Setauket NY	44			28:34.4	646.407		39:30.1	665.499		665.499
26	Broderick	Alycia	Sayville NY	42						40:44.1	645.350		645.350
27	Black	Michele	Holbrook NY	44						41:31.4	633.098		633.098
28	Lind	Gina	Kings Park NY	43	30:34.8	616.252							616.252
29	Zeller	Jill	Syosset NY	42						42:48.1	614.189		614.189
30	Palumbo	Nicole	Shoreham NY	43						43:50.3	599.665		599.665
31	Becker	Gigi	Huntington Station NY	44						44:21.3	592.680		592.680
32	Bongiorno	Kate	Wantagh NY	42			31:54.5	578.846					578.846
33	Goodman	Charlene	Middle Island NY	40	32:37.1	577.743							577.743
34	Flores	Brenda	West Sayville NY	40						45:54.7	572.585		572.585
35	Anjom-Smith	Nooshin	Rocky Point NY	40	33:25.5	563.800							563.800
36	Kieffer	Graceann	Patchogue NY	42			36:09.3	547.089					547.089
37	Goldstein	Carrie	Forest Hills NY	43	34:36.3	544.574							544.574
38	Werner	Elyssa	East Setauket NY	43			36:22.4	543.805					543.805
39	Kerr	Cara	Oakdale NY	41					34:53.4	529.378			529.378
40	Williams	Maryjean	Sayville NY	42	35:53.6	525.028							525.028
41	Rhoad	Amy	East Islip NY	41			38:02.1	520.047					520.047
42	Rosner	Nicole	Sayville NY	43					38:28.8	479.990			479.990
43	Haakonson	Donna	Sayville NY	42			41:26.5	477.297					477.297
44	Taborsky	Christina	Stony Brook NY	44	52:30.3	358.918							358.918
45	Campbell	Jennifer	East Islip NY	41					57:12.1	322.893			322.893

Male 40 to 44

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Turk	Chris	Bayport NY	42	21:31.3	679.703	21:16.7	727.971	21:34.9	722.372	27:55.5	737.631	2867.676
2	Reiss	Brian	Sayville NY	43	22:09.2	660.322	21:29.6	720.689	21:26.6	727.032	28:36.3	720.096	2828.139
3	Hartmann	Daniel	Bellport NY	40	22:27.3	651.451	22:46.8	679.982	23:39.2	659.104	29:38.8	694.794	2685.331
4	Lloyd	James	Sayville NY	40	28:55.5	505.733	28:26.8	544.528	28:53.2	539.695	37:21.1	551.470	2141.427
5	Probst	Stephen	Stony Brook NY	43	22:17.1	656.421	22:12.6	697.434	22:24.5	695.723			2049.578
6	McElroy	Michael	Commack NY	41	34:38.9	422.194	33:40.1	460.076	36:06.1	431.836	44:10.6	466.272	1780.378
7	Lally	Jeremy	Hauppauge NY	42	26:35.3	550.179	26:30.5	584.345			37:57.2	542.728	1677.251
8	Luna	David	Medford NY	40			20:16.8	763.807			27:51.8	739.263	1503.070
9	Budris	Andrew	Bellport NY	44	31:00.8	471.679	31:59.3	484.239	31:59.5	487.314			1443.232
10	Kanne	Francois	Bayport NY	43	24:07.3	606.440	24:15.1	638.719					1245.159
11	Sicurella	Mike	Holbrook NY	41					31:54.7	488.536	40:14.8	511.802	1000.338
12	Ayoub	Al	Sayville NY	41	34:13.8	427.354	33:22.1	464.213					891.567
13	Connors	Matt	Brightwaters NY	43	17:53.8	817.378							817.378
14	Moore	Kenny	Sayville NY	40							26:36.8	773.985	773.985
15	Wood	Matthew	Miller Place NY	43							27:25.1	751.261	751.261
16	Fredericks	Dan	Bethpage NY	44	22:38.7	645.985							645.985
17	Kieffer	Brian	Patchogue NY	44			24:00.4	645.237					645.237
18	Pepe	Jason	Copiague NY	40	22:56.9	637.446							637.446
19	Onza	Benjamin	Mastic NY	42					24:55.2	625.602			625.602
20	Zeller	Jason	Syosset NY	41							33:34.4	613.533	613.533
21	Hoschler	Richard	Sayville NY	42					25:35.4	609.222			609.222
22	Zuccarello	Christopher	West Sayville NY	41					26:07.4	596.784			596.784
23	Ebert	Charles	Holbrook NY	40					26:26.5	589.600			589.600
24	Robinson	David	Smithtown NY	43	24:50.2	588.981							588.981
25	Godfrey	Rem	Mastic NY	43							35:00.5	588.384	588.384
26	Tms	Kevin	North Babylon NY	40					26:41.1	584.223			584.223
27	Desiderio	Peter	Sayville NY	40	25:02.8	584.043							584.043
28	Ledek	Stephen	Ridge NY	44					28:07.9	554.180			554.180
29	Hassett	Daniel	Ronkonkoma NY	41					28:28.6	547.466			547.466
30	Cifuentes	Jason	West Sayville NY	43	27:10.5	538.301							538.301
31	Dalbey	Andrew	Lindenhurst NY	42							38:22.5	536.764	536.764
32	Appell	Chris	Islip NY	40					30:47.1	506.415			506.415
33	Fried	Jason	Kings Park NY	44			32:38.6	474.523					474.523
34	Hoar	Thomas	West Babylon NY	40							45:49.8	449.451	449.451
35	Holt	Ronald	Sayville NY	41	32:37.9	448.286							448.286
36	Ash	Ryan	Bayport NY	42					36:21.1	428.866			428.866
37	Orlando	Jerry	Sayville NY	42			37:26.8	413.655					413.655
38	Bocchimuzzo	James	Sayville NY	44			45:32.4	340.141					340.141
39	Domingo	Alain	Medford NY	44	55:19.5	264.407							264.407

Female 45 to 49

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Bartolotta	Kiersten	Sayville NY	48	26:11.4	719.549	25:37.7	771.802	26:07.9	706.805	33:55.9	774.743	2972.900
2	Dachel	Elizabeth	Nesconset NY	47	28:37.4	658.379	28:03.6	704.918	28:55.5	638.548	37:59.3	692.011	2693.856
3	Gallagher	Michelle	Blue Point NY	47	31:10.5	604.491	29:17.3	675.354	29:05.6	634.853	38:36.1	681.016	2595.714
4	McGreevey	Kim	Nesconset NY	48	30:51.3	610.760	30:22.9	651.051	31:41.4	582.834	43:40.6	601.885	2446.529
5	Licata-Gritz	Jennifer	Shirley NY	47	32:51.7	573.465	32:17.3	612.605	32:24.2	570.003	42:35.1	617.314	2373.387
6	Roehrig	Dawn	Patchogue NY	48			27:26.6	720.758	29:30.2	626.031	36:35.5	718.424	2065.213
7	Swasey	Laura	Rocky Point NY	47	30:25.3	619.460	29:22.8	673.247	32:31.7	567.813			1860.520
8	Turner	Maura	Huntington Station NY	49	29:42.8	634.227	32:42.1	604.862	31:00.8	595.550			1834.639
9	Weber	Christine	Sayville NY	47			33:12.8	595.544	33:35.5	549.839	44:04.5	596.445	1741.828
10	Cagnetto	Michelle	Ronkonkoma NY	46	34:27.3	546.945			33:13.7	555.851	45:29.8	577.808	1680.604

11	Cobb	Alicia	Bayport NY	48			35:06.5	563.399	34:41.2	532.481	46:14.5	568.499	1664.379
12	Nolan	Dyan	Holbrook NY	45			37:23.1	529.089	35:48.8	515.730	44:35.6	589.513	1634.332
13	Anderer	Kerry	Smithtown NY	46	37:47.6	498.633	37:15.6	530.864	38:02.4	485.542			1515.039
14	Rock	Janet	West Sayville NY	46	26:04.7	722.631					35:01.2	750.666	1473.297
15	Deutsch	Dorothy	W.sayville NY	46	28:01.4	672.475	29:16.9	675.508					1347.983
16	Brun	Dana	Stonybrook NY	46	31:01.5	607.413	30:48.1	642.173					1249.586
17	Salica	Ann Marie	Holbrook NY	45	31:13.3	603.587					41:42.4	630.315	1233.902
18	Catanzaro	Heather	Wading River NY	45	31:47.8	592.672	33:14.6	595.007					1187.679
19	Schneider	Patricia	Lindenhurst NY	46	33:50.7	556.803	34:14.6	577.631					1134.434
20	Corcoran	Allison	Sag Harbor NY	49	34:13.9	550.514	33:53.8	583.538					1134.052
21	Nix	Eleanor	Patchogue NY	49			35:06.7	563.346	35:09.2	525.412			1088.758
22	Barrere	Patricia	Lynbrook NY	48	40:03.3	470.478					44:49.9	586.379	1056.857
23	Record	Jodi	Smithtown NY	46			35:59.3	549.623	37:39.7	490.419			1040.042
24	Mendes	Nanci	Coram	46	23:52.3	789.430							789.430
25	Raymond	Pascale	Sayville NY	46							34:33.4	760.731	760.731
26	Marra	Christine	North Babylon NY	48							34:57.3	752.062	752.062
27	Sullivan	Irene	Wantagh NY	49							37:24.6	702.709	702.709
28	Rooney	Christine	Bronxville NY	47							39:02.9	673.225	673.225
29	Wolf	Kim	Hauppauge NY	46					28:59.5	637.080			637.080
30	Debler	Krista	Center Moriches NY	49									636.676
31	Coan	Donna	Sayville NY	46	30:27.6	618.680					41:17.4	636.676	636.676
32	Schmidt	Keri	Jamesport NY	45					30:14.9	610.612			610.612
33	Schwenker	Kristin	Westhampton Beach NY	45					30:15.3	610.478			610.478
34	McFeaters	Katie	Aurora CO	45			33:20.3	593.311					593.311
35	Batterbery	Geraldine	Sayville NY	48	31:52.6	591.185							591.185
36	Mitrick	Lori	Dix Hills NY	46					31:33.1	585.389			585.389
37	Egan	Christine	Bayport NY	49	32:52.5	573.232							573.232
38	Tietjen	Deana	Mt. Sinai NY	47							45:55.5	572.419	572.419
39	Chiaino	Nicole	Holbrook NY	47			35:16.9	560.631					560.631
40	Schoening	Barbara	Bohemia NY	45	33:52.3	556.365							556.365
41	Hurlbert	Karen	Islip Terrace OH	46							47:43.9	550.752	550.752
42	McCarthy	Jolene	Patchogue NY	45					34:17.6	538.589			538.589
43	Shanahan	Jennifer		47							49:46.5	528.143	528.143
44	Ednie	Stephanie	Farmingville NY	48	35:41.3	528.044							528.044
45	Gillen	Tara	Rvc NY	46					35:46.4	516.306			516.306
46	Wattley	Alice	Middle Island NY	47					36:10.5	510.574			510.574
47	Betti	Dani	Bellport NY	46	37:42.3	499.801							499.801
48	Minasian	Sharon	West Sayville NY	47							54:21.1	483.671	483.671
49	Kimpel	Jennifer	Sayville NY	47							57:32.8	456.818	456.818
50	Froehlich	Valerie	Bayport NY	49	41:47.8	450.873							450.873
51	Aue	Kristen	Sayville NY	48			45:09.6	437.998					437.998
52	Dunn	Dianne	Sayville NY	48			45:09.6	437.998					437.998
53	Benasutti-Lutz	Kathleen	Sayville NY	46			46:40.1	423.842					423.842
54	Dalbey	Richelle	Lindenhurst NY	47							1:03:11.4	416.020	416.020
55	Legel	Arlene	Sayville NY	48			49:53.1	396.512					396.512
56	Van Buren	Marie	Middle Island NY	46	50:41.9	371.708							371.708
57	Elfond	Elaine	Centereach NY	47					50:23.2	366.565			366.565
58	Smith	Joyce	Mastic NY	48	52:30.8	358.861							358.861
59	Bolger	Diane	Holbrook	47	54:18.9	346.958							346.958

Male 45 to 49

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Minerva	Michael	Holbrook NY	46	21:44.8	672.670	21:40.2	714.813	22:23.7	696.138	29:39.6	694.482	2778.103
2	Hughes	Rob	Bohemia NY	49	24:12.3	604.352	23:36.4	656.171	24:26.9	637.671	31:39.1	650.782	2548.976
3	Fazio	Craig	Sayville NY	48	26:03.4	561.405	25:43.6	602.099	26:55.2	579.123	34:31.9	596.506	2339.133
4	Donohue	Kevin	Bay Shore NY	48	26:00.2	562.556	26:41.1	580.476	27:55.5	558.281	35:23.1	582.120	2283.434
5	Claps	David	Oakdale NY	46	28:47.3	508.134			25:13.2	618.160	31:26.2	655.233	1781.527
6	Finz	David	Islip NY	49			25:56.1	597.262	27:19.2	570.644	34:32.2	596.419	1764.326
7	McKillop	Thomas	Sayville NY	47	25:50.5	566.075	25:58.1	596.496			34:54.2	590.154	1752.725
8	Love	Marcus	Bayport NY	45	24:18.1	601.948	22:07.4	700.166					1302.113
9	Roderka	William	Sayville NY	46	36:04.5	405.498	34:25.1	450.051			48:19.5	426.246	1281.795
10	Primeran	Joseph	Oakdale	47	27:19.2	535.444	27:05.6	571.727					1107.171
11	Keed	Bill	Hampton Bays NY	48					19:10.8	812.826			812.826
12	Guida	Anthony	Sayville NY	49	21:21.3	685.007							685.007
13	Tuholski	Steve	Fort Worth TX	48			23:24.3	661.824					661.824
14	Schilling	Tom	Sayville NY	48	22:50.6	640.376							640.376
15	Ballas	Demetri	Kings Park NY	45							32:42.9	629.630	629.630
16	Maiorana	Joseph	Shirley NY	48			24:39.3	628.270					628.270
17	Mendes	Rui	Coram	47	23:29.8	622.571							622.571
18	Donohue	Tom		49			25:36.3	604.960					604.960
19	Walker	Brian		49					25:55.3	601.427			601.427
20	Dobson	Jim	Bayport NY	46							39:25.7	522.425	522.425
21	Larocco	Rob	Ronkonkoma NY	45					30:20.3	513.871			513.871
22	Adams	Ed	Patchogue NY	47							40:51.7	504.099	504.099
23	Gillen	James	Rvc NY	48					35:46.4	435.799			435.799
24	Digaetano	Joe	Lindenhurst NY	47					39:12.7	397.586			397.586
25	Van Buren	Gene	Middle Island NY	47	51:33.1	283.761							283.761

Female 50 to 54

30	Almond	John	Center Moriches NY	53	25:44.8	568.164							568.164
31	Davis	Brian	Patchogue NY	54			28:15.4	548.189					548.189
32	Lane	Steven	Commack NY	53			29:44.6	520.789					520.789
33	Egan Sr	Frank	Bayport NY	52	28:37.5	511.033							511.033
34	Lepping	Bill	West Sayville NY	51			33:49.2	458.013					458.013
35	Holland	Robert		52					34:14.6	455.271			455.271
36	Kantor	Ira	Kings Park NY	54	32:21.8	452.003							452.003
37	Hassett	Kevin	Coram NY	50					39:02.1	399.385			399.385
38	Meehan	John	Lake Ronkonkoma NY	53					46:56.2	332.150			332.150

Female 55 to 59

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Russ	Marianne	Sayville NY	59	28:57.7	650.688	28:24.5	696.275	28:30.7	647.805	37:29.3	701.240	2696.008
2	Donovan	Donna	Holbrook NY	55	30:45.2	612.779	30:00.5	659.150	30:52.4	598.251			1870.180
3	Cunniffe	Clare	Bayport NY	58	42:24.3	444.405	42:23.3	466.638	42:55.7	430.252	53:41.8	489.571	1830.866
4	Verspoor	Ellen	Sayville NY	55	35:28.9	531.119	36:06.3	547.847			44:56.2	585.009	1663.974
5	Martin	Joanne	Blue Point NY	59	45:05.8	417.880	39:48.6	496.860	42:28.4	434.861			1349.601
6	Waters	Joanne	Coram NY	58			39:25.9	501.627	36:41.5	503.384			1005.011
7	Gannon	Ann Marie	Hamburg PA	55							30:53.2	851.122	851.122
8	Schnurman	Julie	West Sayville NY	57	1:01:41.3	305.487	47:59.2	412.198					717.685
9	Butler	Donna	Bayport NY	57			28:06.1	703.873					703.873
10	Von Himmel	Anita	Sayville NY	57			28:38.6	690.562					690.562
11	Rossi	Annette	West Islip NY	55							39:25.5	666.793	666.793
12	Piccirillo	Tana	Ronkonkoma NY	57	29:01.3	649.342							649.342
13	Stallone	Nancy	Sayville NY	57	29:28.3	639.428							639.428
14	Halpin	Irene	New York NY	55			34:18.5	576.536					576.536
15	Reilly	Janet	Bay Shore NY	55			35:28.6	557.550					557.550
16	Fay	Mary	Sayville	57	34:55.9	539.482							539.482
17	Martin	Joanne	Blue Point NY	59							50:23.2	521.732	521.732
18	Ward	Cindy	Centereach NY	56			41:13.9	479.728					479.728
19	Lehosky	Maureen	Levittown NY	57					39:24.4	468.702			468.702
20	Demasters	Jeanne	Mineola NY	59	42:58.5	438.511							438.511
21	Kaiser	Emily	West Babylon NY	56					44:18.4	416.867			416.867
22	Halliwell	Kathy	Rockville Centre NY	59			49:53.9	396.406					396.406
23	Spath	Sharon	Sayville NY	57			50:15.5	393.567					393.567
24	Bizzarro	Lynne	Amityville	56	49:54.6	377.580							377.580
25	Rivera	Sagine	West Sayville NY	58	1:01:22.6	307.039							307.039
26	Grant	Susan	West Sayville NY	57	1:01:22.8	307.022							307.022

Male 55 to 59

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Devitto	Pasquale	Holbrook NY	55	23:23.6	625.321	23:16.4	665.569	24:04.4	647.605	31:46.1	648.392	2586.886
2	Manfredi	Neal	Farmingville NY	57	24:48.8	589.535	24:01.6	644.700	23:57.7	650.623	31:23.5	656.172	2541.030
3	Newman	Gregory	Sayville NY	59	27:31.8	531.360	27:43.4	558.735	27:44.2	562.072	35:52.7	574.116	2226.283
4	Ripke	Richard	Selden NY	56	30:03.4	486.692	28:11.1	549.583	29:05.2	535.984	38:04.7	540.946	2113.206
5	Muzio Jr	John V	Bayport NY	56	31:20.2	466.812	30:08.9	513.793	29:55.3	521.027	42:08.6	488.768	1990.401
6	Nappo	Gary	Sayville NY	55	30:37.7	477.608	30:36.7	506.016	32:00.9	486.959	40:34.4	507.682	1978.265
7	Carmel	Ken	Ronkonkoma NY	57	33:07.3	441.655			33:10.3	469.979	41:56.3	491.158	1402.792
8	Nolan	Michael	Sayville NY	55	21:36.5	676.976	21:39.4	715.253					1392.230
9	Sparaco	Lou	Patchogue NY	59	22:08.2	660.819	21:20.6	725.754					1386.573
10	Secor	Rick	Ronkonkoma NY	56	21:28.4	681.233			22:13.2	701.620			1382.853
11	Lai	Yu Jen	East Setauket NY	55	22:23.5	653.294	22:18.8	694.204					1347.497
12	Rico	Milton	West Sayville NY	56	39:24.2	371.246	37:17.6	415.356	38:16.2	407.369	34:44.5	592.900	1193.971
13	Gray	John	Smithtown NY	57					27:15.7	571.865			1164.765
14	Payret	Charles	Lake Grove NY	56	49:09.4	297.586			46:35.7	334.585	59:35.8	345.629	977.800
15	Steinberg	Jeff	Westbury NY	56							26:16.1	784.151	784.151
16	Auskern	Barry	Bernardston MA	58			20:52.6	741.977					741.977
17	Rossi	John	West Islip NY	55							28:53.6	712.910	712.910
18	Bonanni	Paul	Selden NY	57					22:40.9	687.339			687.339
19	Gordon	John	Selden NY	58							30:57.8	665.249	665.249
20	Gross	Richard	Sayville NY	57	23:20.7	626.615							626.615
21	Dibartolo	Michael	Farmingville NY	57	24:51.5	588.468							588.468
22	Klechta	Konrad	Copague NY	57	24:55.8	586.776							586.776
23	Hanson	Gary	Rocky Point NY	56							35:12.7	584.986	584.986
24	Kaiser	Michael	West Babylon NY	57					31:17.4	498.242			498.242
25	Lobue	Sal	Boehmia NY	59					31:22.9	496.787			496.787
26	Reilly	Michael	Sayville NY	58			32:11.5	481.180					481.180
27	Montallorne	Tom	Sayville NY	59					32:25.7	480.752			480.752
28	Eyester	Charlie	Lake Grove NY	59			32:39.1	474.402					474.402
29	Gurnick	Keith	Sayville NY	55	32:30.8	449.918							449.918
30	Demasters	Brian	Mineola NY	59	33:17.4	439.421							439.421
31	Grigoletto	Keith	East Setauket NY	58							47:25.5	434.335	434.335
32	Verspoor	Roy	Sayville NY	56			36:07.1	428.868					428.868
33	Gunderson	Brian J	Medford NY	58			46:24.6	333.764					333.764

Female 60 to 64

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
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1	Cotton	Karen	Farmingville NY	61	27:23.9	687.816	27:44.1	713.178			35:58.8	730.637	2131.631
2	Bush	Pat	East Islip NY	63	37:47.2	498.721	34:08.4	579.379	40:07.8	460.254	48:14.3	544.968	2083.322
3	Camilleri	Rosemary	Sayville NY	63	36:20.8	518.479	36:38.4	539.847	41:00.8	450.341	46:57.6	559.803	2068.471
4	Whelan Levine	Mary	Bayport NY	61			34:16.1	577.209	35:01.9	527.237	45:17.1	580.509	1684.955
5	Cestaro	Judi	Bayport NY	61	33:15.4	566.653	33:13.1	595.454	35:52.5	514.843			1676.951
6	Hennemeier	Carol	Sayville NY	60	27:06.6	695.131	26:43.4	740.177					1435.308
7	Genova	Cathy	West Islip NY	61	43:46.9	430.431	42:25.1	466.308			55:28.3	473.906	1370.645
8	Miller	Laura	Shoreham NY	64	27:57.7	673.958							673.958
9	Sheridan	Kathy	E. Northport NY	62	36:42.6	513.348							513.348
10	Elsenen	Joellen	Deer Park NY	60					37:01.4	498.875			498.875
11	McMillen	Laurie	Sayville NY	62					42:29.6	434.656			434.656
12	Donnelly	Deirdre	Massapequa NY	60	46:30.0	405.269							405.269
13	Burke-Spelman	Laurie	Sayville NY	63	53:09.8	354.474							354.474
14	Siebert	Denise	Patchogue NY	62	54:40.9	344.631							344.631

Male 60 to 64

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Lafleur	Louis	Holbrook NY	62	24:26.6	598.459	24:04.5	643.406	25:35.2	609.302	33:30.9	614.600	2465.767
2	Logiudice	Dominick	Patchogue NY	61	29:21.7	498.212	28:06.4	551.115	27:21.4	569.879	35:34.2	579.093	2198.299
3	Lofmark	Bill	Ronkonkoma NY	60	38:21.5	381.360	38:49.1	399.038	37:45.9	412.816	48:37.2	423.660	1616.874
4	Genova	John	West Islip NY	62	41:51.2	349.514	40:31.1	382.296	39:11.1	397.856	50:31.8	407.646	1537.312
5	Gadue	Robert	Huntington NY	63	33:12.8	440.436	32:32.5	476.005			44:11.8	466.061	1382.501
6	Hunter	Steven	Patchogue NY	62	35:12.1	415.558	34:33.3	448.271	35:55.5	433.960			1297.788
7	Glanz	Thomas	Coram NY	62	41:02.5	356.426	37:29.5	413.158	37:42.4	413.455			1183.040
8	Skopek	Jim	Sayville NY	60					27:40.9	563.189	35:07.5	586.429	1149.618
9	Dunne	Tom	Centereach NY	61	41:54.8	349.014			40:54.9	381.034			730.048
10	Harder	David	Bellport NY	64	23:14.1	629.582							629.582
11	Elsenek	Robert	E.northport NY	63					27:41.7	562.917			562.917
12	Nora	John	Massapequa Park NY	61	26:15.8	556.987							556.987
13	Gray	Robert	Sedona AZ	62	27:51.1	525.223							525.223
14	Sundermier	Joseph	Melville NY	63							42:25.4	485.543	485.543
15	Elder	Dennis	Sayville NY	63					32:21.2	481.867			481.867
16	Barrett	Edward	Sayville NY	62	32:07.9	455.262							455.262
17	Scheridan	Bill	E.northport	62	39:52.8	366.809							366.809
18	Massa	Roy	Commack NY	62	42:00.6	348.211							348.211
19	Ratto	Tom	Sayville NY	63	47:42.5	306.620							306.620
20	Guinnessy	John	Sayville NY	61					55:48.7	279.332			279.332

Female 65 to 69

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Gomez	Gail	Bayport NY	67	54:47.6	343.929	50:46.4	389.575	50:27.3	366.069	1:03:02.7	416.977	1516.549
2	Carroll	Patricia	West Islip NY	66	38:31.9	489.078			38:18.2	482.203	49:47.2	528.020	1499.301
3	Withus	Gloria	Brentwood	67	28:24.3	663.440			30:06.6	613.417			1276.857
4	Britz	Liz	Sayville NY	66	50:58.5	369.691	48:28.1	408.102					777.793
5	Simon	Linda	Jericho NY	65							57:09.8	459.881	459.881
6	Lafemina	Katherine	Blue Point NY	66			44:37.9	443.183					443.183
7	Lee	Linda	Selden NY	67	55:42.9	338.239							338.239
8	Surber	Deirdre	West Sayville NY	66	57:15.9	329.084							329.084

Male 65 to 69

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Kaminsky	Allen	Oakdale NY	65	26:22.8	554.524	27:33.1	562.216	26:50.9	580.669	36:42.5	561.135	2258.544
2	Marcus	Tony	Holbrook NY	66	32:48.8	445.805			33:24.3	466.697	45:02.3	457.351	1369.852
3	Williams	Bob	Boca Raton FL	66	40:14.9	363.452	39:28.6	392.384			52:09.3	394.945	1150.780
4	Obrien	William	Massapequa NY	69	39:41.5	368.549			40:15.9	387.185			755.734
5	Oman	Alan	Babylon NY	68	23:47.7	614.765							614.765
6	Haberman	Ralph J	Sayville NY	69			26:24.8	586.446					586.446
7	Brand	Rick	Blue Point NY	67	26:28.6	552.499							552.499
8	Momtahn	Shawn	Bay Shore NY	69							38:04.8	540.923	540.923
9	Mannix	William G.	Sayville NY	65	27:57.6	523.188							523.188
10	Martin	Bob	Sayville NY	65	27:59.8	522.503							522.503
11	Zeichner	Perry	Brightwaters NY	69	30:08.5	485.319							485.319
12	Jacobellis	Nick	Melville NY	66							42:32.8	484.135	484.135
13	Folks	Joseph	East Patchogue NY	65					37:15.5	418.430			418.430
14	Morse	Glenn	Massapequa NY	69					40:37.4	383.770			383.770
15	Vinogroski	Edward	Bohemia NY	66					47:34.5	327.693			327.693
16	Surber	George	West Sayville	66	57:16.1	255.435							255.435

Female 70 to 74

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Robinson	Irene	West Islip NY	72	32:34.8	578.422	31:32.8	627.008	32:29.7	568.395			1773.825
2	Horstmann	Betty	Bayport NY	73	31:29.9	598.286					39:20.9	668.093	1266.378
3	Richter	Barbara	Shoreham NY	71	29:38.1	635.903							635.903
4	Solowey	Martha	West Sayville NY	70	34:48.4	541.419							541.419

Male 70 to 74

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Britz	Bill	Sayville NY	70	29:33.8	494.813	29:38.3	522.634	30:37.6	509.034	39:37.1	519.919	2046.400
2	Lazzaro	Joseph	Ridge NY	72	24:01.4	608.922	23:52.9	648.615	23:53.4	652.574	31:35.7	651.949	2562.060
3	Hepding	Dave	Sayville NY	70	29:18.2	499.204	28:55.3	535.585	28:10.8	553.229	37:18.2	552.185	2140.202
4	Franco	Joseph	East Islip NY	70	32:00.7	456.969	32:05.7	482.630	32:25.9	480.703	40:59.2	502.562	1922.863
5	Jezewski	Michael	Centereach NY	71			30:03.8	515.246	31:28.8	495.235			1010.481
6	Michel	Dennis	Sayville NY	71					40:36.4	383.927	44:18.1	464.956	848.883
7	Soulagnet	Roger	Lindenhurst NY	70					23:34.5	661.294			661.294
8	Holtzman	Dan	Sayville NY	73	25:47.2	567.283							567.283
9	Meyer	Roger	Seacliff NY	71					29:19.8	531.538			531.538
10	Robinson	Neil	Manhasset NY	70							38:56.8	528.886	528.886
11	Meehan	Martin	Bay Shore NY	71							39:41.6	518.937	518.937
12	Inzirillo	Anthony	Selden NY	73							45:41.6	450.795	450.795
13	Papia	Dominick	Farmingville NY	73	36:55.5	396.163							396.163
14	Cahn	Richard	Brooklyn NY	70							1:04:15.7	320.538	320.538
15	Quartuccio	Franklynne	Sarasota FL	73			1:12:35.4	213.390					213.390

Female 75 to 79

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Clavin	Helma	Lake Ronkonkoma NY	75	33:38.2	560.252	32:36.6	606.562	33:21.5	553.685	41:57.6	626.509	2347.008
2	Delaney	Patricia	Bay Shore NY	79	37:11.3	506.745			38:38.6	477.961	49:51.4	527.278	1511.984
3	Schubert	Joan	Holbrook NY	75					43:16.8	426.756			426.756

Male 75 to 79

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Robinson	Curt	West Islip NY	76	52:43.1	277.481	51:11.4	302.598	55:20.8	281.679	1:08:11.7	302.050	1163.809
2	Grossbard	Carl	West Islip NY	79	52:38.3	277.903			55:02.1	283.274	1:05:14.6	315.716	876.892
3	Jacobs	Jack	Seacliff NY	78					39:34.4	393.952	49:57.2	412.352	806.304
4	Dean	Maury	Patchogue NY	75			26:12.2	591.146					591.146
5	Thornton	Lewis	Medford NY	75					30:13.6	515.770			515.770
6	Sternglanz	Rolf	Stony Brook NY	79	37:08.5	393.852							393.852

Male 80 to 84

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	McGrath	James	Medford NY	81	43:48.8	333.879	42:37.4	363.416	43:13.1	360.727	57:26.4	358.606	1416.627
2	Martin	Frank	West Bayshore NY	83	47:33.9	307.544	47:22.1	327.012	48:43.3	319.981	1:01:24.9	335.396	1289.932
3	Fuchs	Steve	Stony Brook NY	81	36:05.3	405.348			41:03.5	379.704			785.052

Male 85 to 97

Place	Last Name	First Name	City	Age	Time	Nintzel 5k	Time	SFD 5k	CAC 5k	Points	Time	CF 4 Mile	Total
1	Jablon	Bert	Syosset NY	91	46:25.3	315.119			315.119				315.119